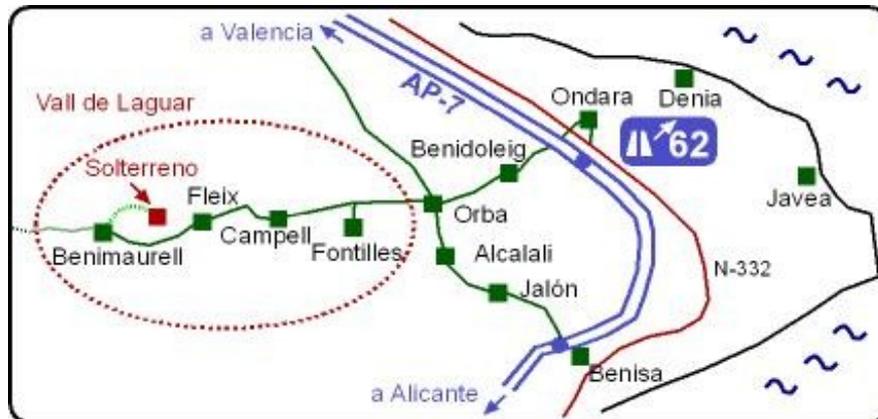


Solterreno, center for mindfulness and healing

By car – from Valencia direction.



<http://solterreno.com/directions>

By car from Valencia airport:

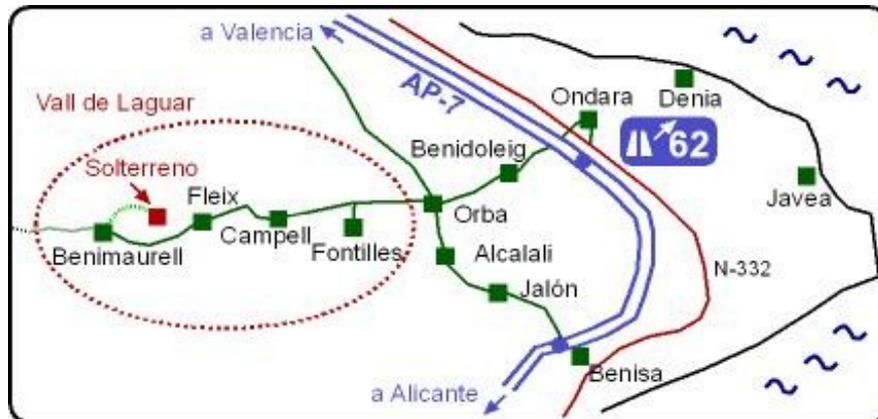
Allow 2h From Valencia airport, follow signs to Alicante, onto the coast motorway, the AP7 to Alicante. **Beware:** there is a split in the motorway, keep on the AP7 "alicante por la costa". It is a toll road, expect to pay about 10 euros, any credit card will do. Keep on that road for just over an hour and turn off at junction 62 with signs to Dénia and Javea.

After 200 metres turn off at the sign to Ondara. Don't go into Ondara but go onto the by-pass. Turn off at the sign for Orba. Pass through Benidoleig, go around Orba and on up to Fontilles and the Vall de Laguar. which is made up of three villages, Campell, Fleix and finally your destination Benimaurell.

The house is about 1km from the village, as you come into the village turn right and go for about 50m till the road forks in two, with the bar L'Hedretera on the left. There is a small Solterreno sign on the right. Take the right fork which drops down steeply with a yellow house on the right. Stay on this track for about 1km until you see another Solterreno sign by an electric metal post. Turn right and the house is about 200m down the track.

Solterreno, center for mindfulness and healing

By car – from Alicante direction.



<http://solterreno.com/directions>

By car from Alicante airport:

Allow 2h From Alicante airport, follow signs to Valencia, don't go into Alicante. Keep on the coast motorway, the AP7 to Valencia. **And beware:** there is a split in the motorway, keep on the AP7 "Valencia por la costa". It is a toll road, expect to pay about 10 euros, any credit card will do. Keep on that road for just over an hour, turn off at junction 62 to Dénia and Javea.

After 200 metres turn off at the sign to Ondara. Don't go into Ondara but go onto the by-pass. Turn off at the sign for Orba. Pass through Benidoleig, go around Orba and on up to Fontilles and the Vall de Laguar which is made up of three villages, Campell, Fleix and finally your destination Benimaurell.

The house is about 1km from the village, as you come into the village turn right and go for about 50m till the road forks in two, with the bar

L'Hedra on the left. There is a small Solterreno sign on the right. Take the right fork which drops down steeply with a yellow house on the right. Stay on this track for about 1km until you see another Solterreno sign by an electric metal post. Turn right and the house is about 200m down the track.